



PARENT Newsletter

JANUARY/FEBRUARY 2008 | VOLUME 6 NO. 3

YVY Health Advisory Committee Meets

YVY's twice-yearly Health Advisory Committee meeting took place this past November.

YVY HAC members are drawn from the different divisions of YVY and from the medical providers in the surrounding community. YVY parents and community members are also represented. Dr. Steven Shelov, Chairman of the Department of Pediatrics at Maimonides Medical Center Infant and Children's Hospital, has been a member of the committee since its founding and has been instrumental in forging a connection between YVY and the hospital that serves most YVY children.

At this meeting, Dr. Shelov introduced Dr. Michael Marcus, Director of Pediatric Pulmonology, Allergy, and Immunology at Maimonides. Dr. Marcus spoke about the prevalence of allergies in young children and discussed the ways in which allergies should be handled in a preschool setting. Dr. Marcus and Dr. Shelov shared their approval of YVY's Allergy Action Plan for dealing with allergies in YVY Head Start and Early Head Start (Please see related *Magazine* article).

Dr. Jeffrey Teitelbaum, Medical Director of Ezra Medical Center, reported that Ezra's mobile dental unit had recorded more than 6,000 visits and will successfully screen all YVY Head Start children within the mandated time frame. Dr. Teitelbaum also briefed the committee on the current status of the MRSA virus, which

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Celebrating numbers at YVY Farragut Road

YVY Sponsors Community Computer and ESL Classes

YVY has been offering free Computer and ESL classes, primarily funded by a grant from the New York City Department of Youth and Community Development (DYCD) and subsidized by YVY, to the Borough Park community. There are still some student slots available for the ESL classes; a new computer class will open in the spring. For information, please call 718.686.3700, ext. 619.

YVY Parents Learn to Parent with Joy

A series of parenting workshops entitled *Raise Your Children with Joy* is attracting capacity crowds to YVY's Learning Center in Borough Park, Brooklyn. The series of ten workshops given by Perl Abramovitz, a certified parenting coach, focuses on positive ways to raise more capable, confident children. A mother of five children herself, Ms. Abramovitz works with concrete examples to illustrate her points and devotes the last hour of each session to questions and answers. Parents who are participating in the workshop report that her methods have already yielded great success.

Ms. Abramovitz considers herself a YVY Head Start success story. She credits YVY Early Head Start Home Visitor Breindy Lazerson with starting her on her path

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YELED V'YALDA

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Parenting (continued from page 1)

to empowerment and a positive outlook. Ms. Abramovitz' children subsequently entered YVY center-based programs, and she herself entered the YVY Expectant Moms' Program. Her children received therapy through YVY's Early Intervention program, and watching YVY's "wonderful" therapists gave her ideas which she now uses in her parenting classes. YVY is proud to be considered a factor in Ms. Abramovitz' success and is pleased to give her the opportunity to pass on her insights to another generation of YVY parents.

A Focus on Fathers Workshop in Williamsburg, sponsored by We Care Early Head Start, brought the message of joyous parenting directly to fathers in a workshop on *The Father's Role in Bringing Joy to the Family* facilitated by YVY Director of Mental Health Dr. Eliezer Kamintsky.

YVY Parents Elect New Policy Council

On Tuesday, December 4, delegates from all of YVY's Head Start and Early Head Start sites convened to elect an agency-wide YVY Policy Council. All delegates had previously been elected to positions in their respective Site Parent Committees. The Policy Council, which shares governance of YVY with the YVY Board of Directors, is composed of elected parents and community representatives. The PC meets monthly to be briefed on issues facing YVY, to provide input, approve or disapprove policies relating to YVY services, and vote on possible action. The Policy Council is central to the functioning of YVY as an agency, and, therefore, the participation of these parents is very much appreciated.

The new PC officers are: Mindy Meisner, Chairperson and Area Community Representative; Esther Felberbaum, Vice-Chairperson; Chani Gross, Secretary; Rebecca Choueka, Treasurer; Chana B. Margareten, Chairperson Personnel Committee; Mimi Rosenfeld, Chairperson Grievance Committee; Reizy Fried, Chairperson By-Laws Committee; Martha Hernandez, S.I. Grantee Representative; Elizabeth Avraham, Member; Esther Basch, Member; Nechama Mering, Member.

YVY would like to thank the outgoing members of the Policy Council for their willing participation in last year's meetings and looks forward to working with the present Council for another productive year.

Women's Health Issues Addressed at Parent Workshop

In collaboration with Bikur Cholim of Rockland County, an important workshop on women's health was offered to Head Start and Early Head Start mothers in December at YVY's We Care Early Head Start Center in Williamsburg. A registered nurse and a genetics counselor presented important facts about women's health care and about genetic heritage as it pertains to overall health.

YVY Research Institute Begins New Collaboration

A new collaboration between the YVY Multilingual Development and Research Institute and RISLUS (Research Institute for the Study of Language in Urban Society) of the CUNY Graduate Center, *Early Childhood Interfaces*, will attempt to determine what factors contribute to children's success in achieving pre-



Newly-elected Policy Committee members

literacy skills. Why do some children progress and others lag behind their peers? Computational analysis of available data will, it is hoped, shed light on which factors contribute to children's success. This knowledge will help YVY educators plan so that all children can reach their maximum potential. YVY Institute Co-Director Isabelle Barriere wishes to thank YVY Executive Director Naomi Auerbach, YVY Director of Federal Programs Wayne Goldberg, and the YVY IT Department for their help in facilitating this project.

Earlier this winter, Dr. Barriere was invited to present her work at YVY, including her work on Yiddish, at several venues. Dr. Barriere presented at MIT, Hunter College, the CUNY Graduate Center, and the University of Montreal.

YVY Head Start Teachers Attend Training

YVY Head Start teachers Henny Krasnianski and Patricia Maresca attended a four-day training session sponsored by ACS on use of the Creative Curriculum. These teachers will now train all YVY teachers to use the Creative Curriculum tools to correctly assess children's progress and plan for future growth.

YVY WIC

Accolades for YVY Health Fair Continue to Come in

YVY WIC continues to get positive feedback on the September Healthy Kids/Healthy Families Health Fair which it sponsored in conjunction with YVY affiliate Ezra Medical Center and the YVY Eat Well/Play Hard grant. YVY WIC Director Nechama Stolzenberg was invited to present a poster describing the fair at the annual NY State WIC Conference in Albany, which was attended by more than 400 WIC representatives from all across the state. Ms. Stolzenberg and YVY Nutritionist Farrah Hammer answered questions and distributed postcards and photographs of the fair at this event.

For the third year in a row, YVY WIC was awarded a Healthy Lifestyle grant in recognition of its innovative Healthy Lifestyle initiatives. This will allow YVY WIC to develop new initiatives and also allow its Healthy Start and Walking-In-Company programs to continue. 🌱



Parents and children listen attentively to a story

Staten Island

Family Literacy Activities Held at Silver Lake Sites

Both Staten Island sites kicked off the month of November with events geared to Family Literacy. At SLI, parents were invited to read to the children throughout the month. One related project also involved the parents in making a Thanksgiving book with their children. The Silver Lake Head Starts will be initiating a Spanish language family literacy program, *Leer y Seras*, at the 10 Gregg Place site later in the year.

Community Partners Enhance Silver Lake Holiday Events

The holidays came early in Staten Island as the two Silver Lake programs distributed toys donated by the US Marine Corps League Staten Island Detachment #1 "Toys for Tots" program to all children in the centers. Later in the month, in a program sponsored by the Latino Civic Association and Monsignor Farrell High School, each child and his siblings received a toy, and each family received a turkey and groceries. To round off the festivities, Scooter, the mascot of the Staten Island Yankees, visited and distributed gifts.

Special Holiday events for parents included Holiday Pot Lucks, where parents brought food from their cultures to share with the others, and Holiday Crafts Workshops. The Fathers in Action Group participated in a Holiday Craft Workshop as well.



Parents' Thanksgiving luncheon



Parents participate in holiday craft workshops

Parent Committees Active at Both Silver Lake Sites

At SLI, the Parent Committee organized a survey asking the parents what kind of activities they would like. By overall consensus, the parents voted for a cooking workshop series and stress-relieving dance classes. Dates for these will be announced in January. Parents at SLII have formed a Drama Committee which will present a performance for the children in January.

The NYC Fire Department presented a workshop on Fire Safety and distributed free smoke detectors and batteries at SLI. Health Plus will present a workshop on Nutrition for Preschool Children at SLII in January. 🌱



FDNY fire safety workshop

**BROOKLYN
ONGOING ACTIVITIES**

Swimming

Boro Park YM/YWHA
Tuesdays, January 8, 22

Aerobics

Boro Park YM/YWHA
Thursdays,
January 3, 10, 17, 24, 31
99 Heyward Street
Sundays, January 6, 13, 20, 27

Yoga

99 Heyward Street
Tuesdays, January 8, 22

Parenting Workshops

1257 38 Street
Perel Abramovitz
Wednesdays,
January 2, 9
1257 38 Street
Tuesday, January 15
6012 Farragut Road
Gitty Zelmanowitz
Tuesday, January 8
Thursday, January 31

Policy Council Meeting

Tuesday, January 8

99 Heyward Street
Bassie Morris
Monday, January 28

**EXPECTANT MOMS' PROGRAM
Aerobics and Childbirth Education
Parenting Skills for Postpartum
Moms**

1257 38th Street
Sundays, January 13, 27

99 Heyward Street
Wednesdays, January 2, 16, 30

Fitness for Men

99 Heyward Street
Thursdays,
January 3, 10, 17, 24, 31

Focus on Fathers

99 Heyward Street
Tuesday, November 29

SPECIAL ACTIVITIES

Stress-Free Housekeeping

99 Heyward Street
Mondays, January 7, 14, 21

**Enjoying Your Pregnancies and
Bouncing Back**

99 Heyward Street
Tuesday, January 29

PROFESSIONAL DEVELOPMENT

**Problem Solving in the Therapeutic
Process: Getting Un-stuck in
Therapy & Caring for Children Who
Stutter**

1694 Ocean Avenue
Sunday, January 13

Head Start Teacher Training

Tuesday, January 15

**STATEN ISLAND
ONGOING ACTIVITIES**

ESL Classes

Beginners and Intermediates
Mondays and Wednesdays, January 2,
7, 9, 14, 16, 23, 28, 30

Computer Classes

Thursdays, January 3, 17, 24, 31

Home-Based Infants

Friday, January 11

Home-Based Toddlers

Friday, January 25

Parent Committee

Thursday, January 10

Mens' Group

Thursday, January 10

For more information on any of Yeled V'Yalda's services, please call the following numbers:

- Headstart..... 718.686.3700 *3
- Early Headstart 718.686.3700 *3
- Special Education 718.686.3700 *1
- ABA Program 718.514.8600
- Early Intervention 718.686.3700 *2
- Ezra Medical Center 718.686.7600 *9
- YvY WIC Program 718.686.3799
- YvY Facilitated Enrollment
..... 718.686.3741 *469

YELED V'YALDA STATEN ISLAND:

Silver Lake Headstart,
10 Gregg Place
..... 718.815.4488

Silver Lake Headstart II,
20 Park Hill Circle:
..... 718.720.0090

YELED V'YALDA SUPPORT LINES:

YvY Parenting Hotline
Mondays, 11-3 718.686.3700
All calls are confidential. You do not need to
give your name.

JANUARY 2008

HAC Meeting (continued from page 1)

had been much discussed in the media, and stressed the importance of hand washing in preventing the spread of disease. The meeting ended with a presentation by YVY Director of Health Initiatives Dr. Garey Ellis who reported on the *Eat Well/Play Hard: I am Moving; I am Learning* training he had attended together with other YVY staff. It was decided to train teachers in this proactive approach to dealing with childhood obesity at a special in-service training program in January.

As a provider of education, special services, pre-

and post-natal care — and health care through its Ezra Medical Center affiliate — YVY has a unique vantage point from which to observe the concerns and problems of the communities it serves. YVY is proud that its HAC, under the leadership of YVY Health Coordinator Janie Friedman, RN, has contributed to positive change in dealing with some of these concerns, particularly in encouraging early medical screening for developmental delays in children and early screening for post partum depression.



Janie Friedman, RN (left, top) and Jeffrey Teitelbaum, MD (left) at the HAC meeting

COPING *with* CHILDREN'S ALLERGIES

Eli got a great goody bag at Reva's birthday party, and his mom let him have one treat after dinner. Eli chose a peanut butter candy and, within a half hour, Eli started wheezing and was having trouble breathing. By the time his mother got him to the emergency room, he was going into anaphylactic shock and needed a shot of epinephrine and close monitoring before he got better and was allowed to go home.

Like many children, Eli had a peanut allergy that had never been diagnosed. According to the American Academy of Allergy, Asthma, and Immunology, up to two million, or 8%, of kids in the United States are affected by food allergies, that is, allergic reactions to everyday foods like eggs, fish, milk, peanuts, shellfish, soy, tree nuts, and wheat.

Of all these allergies, peanut allergies are one of the most severe food allergens and often causing life-threatening reactions. About 1.5 million people in the United States are allergic to peanuts. And because peanut-related products are incorporated into many foods without our knowing it, these foods can be sources of danger as well.

What exactly do we mean by allergies? An allergic reaction is something that happens when a person's immune system overreacts to a substance that's harmless to most people. But in someone with an allergy, the body's immune system treats the substance (called an allergen) as an invader and reacts inappropriately, resulting in symptoms that can be anywhere from annoying to dangerous and harmful.

When an allergic person is exposed to an allergen, his body releases chemicals

that cause allergic reactions. These reactions can affect the eyes, nose, throat, lungs, skin, or gastrointestinal tract. Any future exposure to that same allergen, such as peanuts for example, will trigger an allergic reaction again.

Nobody knows why some children develop allergies and others don't. However, most doctors believe that the tendency to develop allergies is hereditary. If one of a child's parents or other family members has allergies, it is possible that the child will develop them also. And research has shown that a child who is allergic to one substance is likely to be allergic to others as well.

Some of the most common things children are allergic to are airborne (carried through the air). These include:

- *Dust mites*: microscopic insects that live all around us and are the main allergic component of house dust.
- *Pollen*: tiny particles released by trees, weeds, and grasses that cause pollen allergies such as hay fever or rose fever.
- *Molds*: fungi that thrive both indoors and outdoors in warm, moist environments
- *Pet allergens*: the saliva particles left when a warm-blooded animal like a dog or a cat licks itself. These particles work

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Allergic Reactions

can be triggered by foods, medications, insect stings, pollen, or other substances. Although most allergic reactions aren't serious, severe reactions can be life-threatening and can require immediate medical attention.

Signs & Symptoms:

MILD REACTION

- itchiness
- mild skin redness
- mild swelling
- stuffy, runny nose
- sneezing
- itchy, watery eyes
- red bumps (hives) that occur anywhere

SEVERE REACTION

- swelling of the face or mouth
- difficulty swallowing or speaking
- wheezing or difficulty breathing
- abdominal pain, nausea, vomiting or diarrhea
- dizziness or fainting

Think Prevention!

Avoid substances that are known to trigger an allergic reaction in the child. Keep an oral antihistamine such as diphenhydramine available. If the child has a severe allergy, be sure that doctor-prescribed injectable epinephrine is kept with or near the child at all times, and that you, caretakers, and the child (if old enough) know how to use it.

Reviewed by: Larissa Hirsch, MD

Date reviewed: June 2007

What to do:

1. Contact a doctor if a child has an allergic reaction that is more than mild or if the reaction concerns you.
2. If the child has symptoms of a mild reaction, give an oral antihistamine such as diphenhydramine.
3. If the child has symptoms of a severe allergic reaction and you have injectable epinephrine, immediately use it as directed and call for emergency medical help.

SEEK EMERGENCY MEDICAL CARE IF THE CHILD:

- has any symptoms of a severe allergic reaction
- was exposed to a food or substance that has triggered a severe allergic reaction in the past
- was given injectable epinephrine

Note: All information is for educational purposes only. For specific medical advice, diagnoses, and treatment, consult a doctor. Review this with a doctor prior to use.

- **Chemicals:** the chemicals in some cosmetics or laundry detergents, dyes, household cleaners, and pesticides can cause children to break out in an itchy rash.
- **Latex:** exposure to the powdery material on the inside of rubber gloves can cause allergic reactions.
- **Plants:** mainly poison ivy and oak, which can cause extremely severe skin reactions in allergic children.
- **Cross-reactions:** some children who are allergic to one thing may have a reaction to another thing with a similar protein in its composition.

How can you tell if your child is allergic to something? While the type and severity of allergy symptoms vary from allergy to allergy and from child to child, many allergies have some common signs and symptoms.

If your child has a cold or a virus that lasts longer than five to seven days and continues from ten days to two weeks, it could be that your child has an airborne allergy. This type of allergy is characterized by symptoms such as sneezing, itchy nose and/or throat, nasal congestion, coughing, itchy, watery, and/or red eyes, and wheezing. Wheezing and shortness of breath may also indicate that the allergy may have progressed to asthma.

The signs and symptoms of food allergies in children are tricky to diagnose and may depend on how much of a food is eaten, how often a child has been exposed to that food, and his sensitivity to that particular food. However, some common signs of food allergy would be an itchy mouth and throat when the food is swallowed (called "oral allergy syndrome"), hives, a rash, a runny, itchy nose, stomach cramps along with nausea and vomiting or diarrhea, difficulty breathing and shock. These last two are symptoms of an extremely severe allergic reaction called anaphylactic shock.

If your child is allergic to insect venom, he or she may develop the following symptoms after being stung by an insect: throat swelling, hives over the entire body, difficulty breathing, nausea, diarrhea or shock.

Your child's doctor is best person to diagnose if your child is allergic or not. In order to diagnose your child, your doctor will probably ask you questions

Allergies (continued from page 5)

their way into fabrics in the home.

- **Cockroaches or insect allergens:** insect parts from these insects are a major household allergen and can cause asthma.

However, food allergies are the biggest cause of severe allergic reactions in children. A child can be allergic to any of the following common foods:

- **Cow's milk (or cow's milk protein):** aside from milk being an allergen in itself (between 1% and 7.5% of infants are allergic to the proteins found in cow's milk and cow's milk-based formulas), many prepared foods contain milk proteins.
- **Eggs:** eggs are another food product that is not only contained in most of the foods children eat but is often a "hidden" ingredient in many other foods
- **Seafood and shellfish:** the proteins in seafood can cause a number of different types of allergic reactions.
- **Peanuts and tree nuts:** peanuts are one of the most severe food allergens and often

cause life-threatening allergic reactions. About half of those allergic to peanuts are also allergic to tree nuts, such as almonds, walnuts, pecans, cashews, and sunflower and sesame seeds.

- **Soy:** soy proteins are allergens in and of themselves, and they are often a hidden ingredient in many prepared foods.
- **Wheat:** wheat is not only the major ingredient in bread and bread products, but wheat protein is also a common hidden ingredient in many of the foods children eat.

Although food allergies, especially peanut allergies, are the most common allergies affecting children, children may also be allergic to:

- **Insect stings:** the insect venom that enters the bloodstream after an insect bite.
- **Medicines:** Antibiotics are the most common types of medicines that cause allergic reactions, but many other medicines can as well, including over-the-counter medications such as Motrin.

about your child's symptoms and when they appear. Based on your answers to these questions and a physical exam, the doctor may be able to make a diagnosis and prescribe medications, or he or she may refer you to an allergist for allergy skin tests and more extensive therapy.

To determine the cause of an allergy, an allergist will probably perform skin tests for the most common environmental and food allergens. A skin test can be administered either by dropping a purified liquid form of the allergen onto your child's skin and pricking the area or injecting a small amount of the allergen just under the child's skin. If after about fifteen minutes, a lump surrounded by a reddish area (like a mosquito bite) appears at the injection site, the test is positive.

If your child exhibits extreme reactions to a food or other allergen, the doctor

may use a blood test for diagnosing the condition so as not to expose the child unnecessarily to the offending allergen.

Either of these tests can have false positive or false negative results. In the event that this happens and the allergist wants to confirm the diagnosis, he may want to monitor your child's reaction to the offending allergen under controlled conditions in his office.

While there is no cure for allergies, an allergist can help relieve your child's symptoms by prescribing various medications such as antihistamines (which you can also buy over the counter) and inhaled or nasal spray steroids. In some cases, an allergist may recommend allergy shots to help desensitize your child. However, allergy shots are only helpful for allergens such as dust, mold, pollens, animals, and insect stings and

are not used for food allergies.

The best thing that parents can do to help their child cope with allergies on a daily basis is to reduce or eliminate the child's exposure to the allergen as much as possible so the child will avoid contact with the allergen and not suffer an allergic reaction.

Parents should inform themselves about allergy symptoms and treatments and keep an informative chart handy where everyone can see it.

Parents should also inform their child's preschool, as well as any family members or other caregivers that spend time with the child, about the child's allergies. Doing this will help ensure that the proper precautions can be taken at school and other environments so that the child's exposure to the allergen is kept to a minimum.

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HEALTH MATTERS

COMPUTERS AND PRESCHOOLERS

Computers are everywhere today — in the supermarket, at the doctor's office, in homes, in schools, even in restaurants and barber shops. Now computers are coming to preschool classrooms, and many parents are wondering how this development will affect their children.

Most education experts agree that computers are good for preschool children. The prestigious National Association for the Education of Young Children (NAEYC) has recently begun to encourage the use of computer technology in the preschool classroom in "...recognition that technology is part of kids' lives."

Research shows that preschoolers who are exposed to computers are smarter and are better prepared for school. Dr. Xiaoming Li, professor of pediatrics at Wayne State University, conducted a research study in which he followed 122 four-year-olds enrolled in a rural Head Start program. The children were given several tests to measure their eye-hand coordination, motor skills (like running, jumping, catching) and their IQ. Their "school readiness" was also evaluated.

The results of Dr. Li's study showed that "...early access to computers does help kids learn." Dr. Li found that the Head Start preschoolers who used computers at school had:

- *Higher skill development test scores — twice as high*
- *IQ scores 12 points higher than kids who didn't use computers*

- *Better school readiness scores*
- *Better knowledge of letters and numbers*
- *Better verbal and non verbal skills*
- *Enhanced small motor skills and hand-eye coordination*
- *Better problem solving and conceptual skills*
- *Better long-term memory*
- *Enhanced ability to share and take turns*



Dr. Li also found that using computers at preschool was especially beneficial for children from low-income families. It increased their intelligence, exposed them to the outside world, and put them on par with their peers from middle-income families — most of whom had computers at home and had been

using computers since they were toddlers.

A good preschool program can become even better when computers are added to the "emergent literacy" curriculum and teachers are trained in the use of appropriate educational software to enhance and complement the learning that is going on in the classroom. Apportioning computer time properly and making sure that computers don't take the place of other valuable early childhood activities and materials such as art, blocks, sand, water, books, exploration with writing materials, and dramatic play and outdoor play is also an important factor.

Some parents are concerned about their preschoolers being exposed to inappropriate images and sounds on the computer. They also worry about the computer encroaching on their children's developmental needs. A properly supervised preschool classroom should put these concerns to rest. Children use only approved software in the preschool classroom; they have access only to what the school deems appropriate.

Education experts agree that advantages of computer use in the preschool classroom outweigh the negatives and encourage parents to keep in mind that no computer will ever replace caring teachers, loving parents, good books, and good childhood friends in their child's life.

Young children learn by exploring their environment, and today, computers are a part of that environment. A preschool classroom staffed with properly trained teachers who understand computers and appropriate educational software can be a place of great enrichment for preschool children.

Allergies (continued from page 7)

There are also other steps that parents can take to help their allergic children cope. For example, in the case of children allergic to airborne allergens, parents should keep pets out of their children's room, have hardwood floors rather than carpet in the child's room, avoid hanging drapes, clean and vacuum often, use special pillow and mattress covers, and keep bathrooms and basements as dry as possible.

For children with food allergies, parents should try to have their child avoid the offending food and keep exposure to others eating the food to a minimum.

Since peanut allergies are the most dangerous for children, parents should talk to their preschool administrators about making the school their children attend peanut-free or, at the very least, have them designate a peanut-free area in the lunchroom.

Doctors also recommend that caregivers of children with severe food allergies have injectable epinephrine (adrenaline) on hand in order to deal with an allergic reaction emergency.

It is common policy in most preschools to take children who have had to take injectable epinephrine to a medical facility

or hospital emergency department immediately afterward for additional treatment.

Having an allergic child is not the worst thing in the world. The good news is that only a very small group of kids will experience severe or life-threatening allergies, and many children outgrow their allergies with time. Even if they don't, proper diagnosis, preventive measures and treatment can help today's allergic children keep their allergies under control, minimize their symptoms and lead happy, healthy and productive lives. ♪

WE'VE MOVED!

A long-awaited event has just taken place at YVY. YVY's administrative offices, including the YVY Special Services Department, have just moved from their rented quarters at 1450 37th Street to YVY's own, newly-completed building at 1312 38th Street.

YVY WIC and Ezra Medical Center will join us in this new building later in the year.

YVY's phone number remains the same, 718.686.3700, but all extensions have, of course, been changed. We appreciate your patience as we become acquainted with our new building and phone numbers.

We look forward to greeting all our friends in our sparkling new, spacious quarters.



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