



WIC Nutrition Resources Manual

Activity.....www.kidnetic.com

American Dietetic Association..... www.eatright.org

American Academy of Allergy, Asthma, and Immunology 800-822-2762
 414-272-6071
www.aaaai.org

American Academy of Child and Adolescent Psychiatry..... 800-333-7636
 www.aacap.org

American Academy of Pediatrics www.aap.org

American Academy of Family Physicians..... www.aafp.org

American Medical Association www.ama-assn.org

Anxiety Disorders of America 240-485-1001
 www.adaa.org

Café Zoom – PBS Kids.....http://www.pbs.org/wgbh/zoom/cafe

Centers for Disease Control..... www.cdc.gov

Department of Agriculture
 Team Nutrition.....www.fns.usda.gov/tn
 Food and Nutrition Information Center www.nal.usda.gov/fnic

Dole 5-a-Day Kid's Website..... http://www.dole5aday.com/K_Index.jsp

EPA's Explorer's Clubhttp://www.epa.gov/kids

FAN (Food Allergy Network) http://foodallergy.org

FDA Kid's Homepage..... http://www.fda.gov/oc/opacom/kids/

Federation of Families for Children's Mental Health 703-684-7710
 www.ffcmh.org

Food and Nutrition Program..... 718-498-9208

Food Safety www.foodsafety.gov

General Nutrition Information
www.kidsnutrition.org/resources/general.html
www.kidsnutrition.org/resources/hottopics.html

Got Milk?..... http://www.whymilk.com/kidsclub/index.htm

Healthy Eating..... www.pueblo.gsa.gov/cic_text/food/guideeat/guidelns.html

Moo-Milk..... http://www.moomilk.com

Nutrition Café..... http://www.exhibits.pacsci.org/nutrition/default.html

Nutrition Facts Information..... www.nutritiondata.com

Pear Bear Healthy Kids . http://www.usapears.com/justforkids/default.asp
 Recipes www.epicurious.com
 www.meals.com
 www.recipesource.com

Spelt Products845-368-8666

The Family Food Zone..... http://www.familyfoodzone.com

Tips to Remember – Food Allergies..... http://www.aaaai.org

Understanding Food Allergyhttp://www.ific.org

USDA – Agriculture in the Classroom http://www.agclassroom.org

USDA – Kid's Science Page.....http://www.nal.usda.gov/kids/fandn.htm

USDA – Science 4 Kids..... http://www.ars.usda.gov/is/kids/

US Department of Health and Human Serviceshttp://www.hhs.gov/kids

Wheat-Free Recipes www.wheat-free.org

Whole Grain Foods..... www.wic.generalmills.com/gowholegrain

Books:

A Good Soup Attracts Chairs: A First African Cookbook for American Kids

A Kid's Cookbook

American Heart Association Kid's Cookbook: All Recipes Made by Real Kids in Real Kitchens

Better Homes & Gardens New Junior Cookbook

Caring for Your child with Severe Food Allergies: Emotional Support and Practical Advice from a Parent Who's Been There

Cook and Learn: Nutritious Foods from Various Cultures

Cup Cooking: Individual Child-Portion Picture Recipes

Dietary Management of Food Allergies and Intolerances: A Comprehensive Guide, 2nd ed.

Dinner from Dirt

Food Allergies and Intolerance: A Complete Guide to Their Identification and Treatment

Food Allergy Field Guide: A Lifestyle Manual for Families

Food Allergies

Gluten-Free Cookbook

Healthy Snacks for Kids

Hey Kids You're Cookin' Now: A Global Awareness Cooking Adventure

Holidays of the World Cookbook for Students

Honest Pretzels: And 64 Other Amazing Recipes for Cooks Ages 8 and Up

Just for Kids: A Cookbook

Living with Food Allergies: A Complete Guide to a Healthy Lifestyle

My Measuring Cup

Pancakes, Pancakes!

Pretend Soup and Other Real Recipes: A Cookbook for Preschoolers and Up

Quick Meals for Healthy Kids and Busy Parents

Russian Food

Storybook Stew

The Allergy Self Help Cookbook

The Complete Wheat-Free Cookbook

The Egg-Free, Milk-Free, Wheat-Free Cookbook

The Fannie Farmer Junior Cookbook

The Healthy Body Cookbook

The Healthy Start Kid's Cookbook

The Mother Goose Cookbook: Rhymes and Recipes for the Very Young

The Parents' Guide to Food Allergies